Arbre Days Promise Scriptures of Affirmation Prayers for Peace If your worth is not based on how others value you, then what is it based on? People say that worth comes from a love of self and boosted self confidence, but that's where the disconnect starts.

When we're going through especially hard times we doubt our own reality. We might ask for direction through His Word– We might ask for verses that would lead us out of these dark situations. God shows us through verses like Psalm 71 and 146, that we need to adjust our focus back onto Him, because our identity is in Him. He values us. He values you.

Let's pray together that God will rebuild how you value yourself based on what He promises in His Word over the next 12 days!



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Day 1

"Every good and perfect gift is from above, coming down from the Father of the heavenly lights, who does not change like shifting shadows" James 1:17

Dear Father,

Today we intentionally bring before You open eyes and ears. You know our innermost desires, and You hold our precious thoughts in Your heart. You are here beside us, praying with us for today. Every good gift is from You, Lord, and we bring them before You in grateful thanksgiving! You will not shift and change, and every day You will conform us more and more to the image of Christ.

Amen.



Colossians 3:1-2

Day 2

"Since, then, You have been raised with Christ, set Your hearts on things above, where Christ is, seated at the right hand of God. Set Your minds on things above, not on earthly things"

Colossians 3:1–2

Father, we come to You with carefully listening hearts. You know the crushing weight the world puts upon us, for You carry the very weight of it upon Your shoulders. We know that You have also struggled with anxiety and depression, for You said in the Garden of Gethsemane, "My soul is very sorrowful, even to death; remain here, and watch with me." Matthew 26:38. We ask that You stay and watch with us. We know You have a plan for our lives, especially as we go through difficult times.

In Jesus name, Amen.



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