

*Not-So-Quiet Time
Morning Plan*

Women of the Bible



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WITH COURTNEY BURG**

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INTRODUCTION

Welcome to your Not-So-Quiet Time guide to the Women of the Bible!

In my years writing Bible studies for women, I have noticed a theme: we're busy! Whether you are balancing being a working woman, chasing littles, shuttling teens to sports, or an empty nester caring for an aging parent, commitments constantly call your name. But even in our busiest seasons (I would argue especially in our busiest seasons), we need the Word of God. We need to immerse ourselves in the truth of Scripture and anchor our souls in His unchanging love.

Our in-depth, verse-by-verse studies can direct a rich Bible experience, but sometimes we need time in Scripture that does not overburden an already busy schedule. I wanted a resource for people whose "quiet time" is not so quiet! Whether you do your Bible study on a lunch break in the office or crack open these pages with a toddler crawling on your back, this book is perfect for your season of life.

The women of the Bible are unexpected, to say the least. You will encounter some of these women at their very worst, in deep seasons of despair or destructive sin. Others you will find rejoicing, courageous, and faithfully obedient. Each woman is unique, yet all are connected by God's sovereign design in the unfolding of His redemptive plan.

This study is meant to be flexible. You can take it as deep as you like or simply read, observe, and meditate. I designed this study to pull in all the senses: a visual element using classical art; an auditory element with the worship playlist; and a read/write element through reading Scripture, memorizing verses, and answering questions. This broadens your experience of these women and helps you appreciate the text even more.

While I designed this resource for personal study, it makes a great addition to your homeschool "morning basket" routine or a devotional shared with kids around the table. You could integrate this into Bible time or your group read-aloud time with your kids! Read the Scripture aloud, discuss the questions, listen to the song, and recite the hymn or poem. You could even follow up study time with research on the creators of the hymns, poems, and paintings for a richer educational experience.

However you use this study in your busy season, I pray it gives you a new appreciation for the women of the Bible and the faith, courage, and obedience they possess.

-Pm

EVE

Reading: Genesis 2:18–25

Memory Verse: “Then the Lord God said, ‘It is not good for the man to be alone. I will make a helper corresponding to him,’”
(Genesis 2:18).

Poem: “Eve” (Excerpt)
by Christina Rossetti

“While I sit at the door
Sick to gaze within
Mine eye weepeth sore
For sorrow and sin:
As a tree my sin stands
To darken all lands;
Death is the fruit it bore.

“How have Eden bowers grown
Without Adam to bend them!
How have Eden flowers blown
Squandering their sweet breath
Without me to tend them!
The Tree of Life was ours,
Tree twelvefold-fruited,
Most lofty tree that flowers,
Most deeply rooted:
I chose the tree of death.

“Hadst thou but said me nay,
Adam, my brother,
I might have pined away;
I, but none other:
God might have let thee stay
Safe in our garden,
By putting me away
Beyond all pardon.

“I, Eve, sad mother
Of all who must live,
I, not another,
Plucked bitterest fruit to give
My friend, husband, lover;--
O wanton eyes, run over;
Who but I should grieve?--
Cain hath slain his brother:
Of all who must die mother,
Miserable Eve!”

Daily Questions:

- Why and how was Eve created? (Gen. 2:18, Gen. 2:21–22)
- What command did God give to Eve (and Adam)? (Gen. 2:16–17)
- What was the serpent’s strategy in tempting Eve? (Gen. 3:1–6)
- What was Eve’s response after eating the forbidden fruit? (Gen. 3:7–13)
- How did God respond to Eve’s disobedience? (Gen. 3:15–24)

Memory Verse first-letter technique:

“T T L G S, I I N G F T M T B A. I W M A H C T H.”

Additional Scriptures:

Genesis 3, Matthew 19:4–6, Ecclesiastes 4:9–12

Worship Song: “Good (Adam and Eve)” by Matthew West

Scan me
to listen





Adam and Eve at Work
by Heinrich Aldegrever



*Abraham Casting Out
Hagar and Ishmael*
by Guercino

SARAH

Reading: Genesis 18:9–15

Memory Verse: “Is anything impossible for the Lord? At the appointed time I will come back to you, and in about a year she will have a son” (Genesis 18:14).

Hymn: “The God of Abraham Praise”
by Daniel ben Judah

The God of Abraham praise,
who reigns enthroned above;
Ancient of Everlasting Days,
and God of Love;
Jehovah, great I AM!
by earth and Heaven confessed;
I bow and bless the sacred name
forever blest.

The great I AM has sworn;
I on this oath depend.
I shall, on eagle wings upborne,
to Heaven ascend.
I shall behold God’s face;
I shall God’s power adore,
and sing the wonders of God’s grace
forevermore.

The heavenly land I see,
with peace and plenty blest;
a land of sacred liberty,
and endless rest.
There milk and honey flow,
and oil and wine abound,
and trees of life forever grow
with mercy crowned.

The God who reigns on high
the great archangels sing,
and “Holy, holy, holy!” cry
“Almighty King!
Who was, and is, the same,
and evermore shall be:
Jehovah, Lord, the great I AM,
we worship Thee!”

Daily Questions:

- What promise did God make to Sarah and Abraham? (Gen. 17:1–16)
- How did Sarah respond when the Lord announced she would have a son? (Gen. 18:9–15)
- How old was Sarah when Isaac was born? (Gen. 17:17, Gen. 21:1–7)
- How old was Sarah when she died, and where did Abraham go to mourn her? (Gen. 23:1–2)
- What do you think Sarah’s story teaches us about waiting on God?

Memory Verse first-letter technique:

“I A I F T L? A T A T I W C B T Y, A I A A Y S W H A S.”

Additional Scriptures:

Genesis 11:29, Genesis 17:15

Worship Song: “On the Way” by Sarah Reeves

Scan me
to listen

